



# The K-Isan Institute

*“No Give Up”*

**KOGA METHOD  
DEFENSIVE TACTICS INSTRUCTOR COURSE (DT)  
P.O.S.T Control # TBD**

**MAY 8-12, 2023 – 8:00 AM – 5:00 PM Daily  
Stockton POA Building  
217 A Fyffe Ave  
Rough and Ready Island, Stockton, CA**

**Course Description**

P.O.S.T. certified Officer Safety course covering common attacks against officers with both weapons and bare hands. Defense against common attacks, gun retention, gun take-aways, control holds and controlling resistive subjects standing and on the ground. Teach Law Enforcement Officers a safe and effective means of Defensive Tactics. The philosophy and techniques presented offer a practical, defensible and humane approach to personal self-defense. Instruction focuses upon the "KOGA" Method of Defensive Tactics. This will encompass training related to prevailing use of force law, methods of instruction (Train the Trainer), law enforcement defensive concepts, civil liability considerations, footwork and balance, safety management during training. Use of Force: specifically, Case Law and updated legislative content of Penal Code Section 835a. Class includes a 4-hour lecture on the Koga Method, written and physical performance test on the last day of instruction. Those who pass both tests will be provided a certificate allowing them to instruct in the Koga Method.

\*\*\*This course is a physically demanding course.

**Course Materials**

Please bring a notebook, pen, workout clothes, handcuffs and key.

**Registration Instructions**

Register with the K-Isan Institute via email or phone  
855-NoGiveUp (855-664-4838)  
KIsan@KIsanInstitute.com

**Fees**

\$550 to be paid by check, credit card or department invoice.

**Instructor**

Course taught by Robert Mendiola, retired Police Sergeant with the San Jose Police Department. Robert has been teaching the Koga method since 1985 and was the lead instructor at SJPD and the Koga Institute.

Hosted by Stockton Police Department